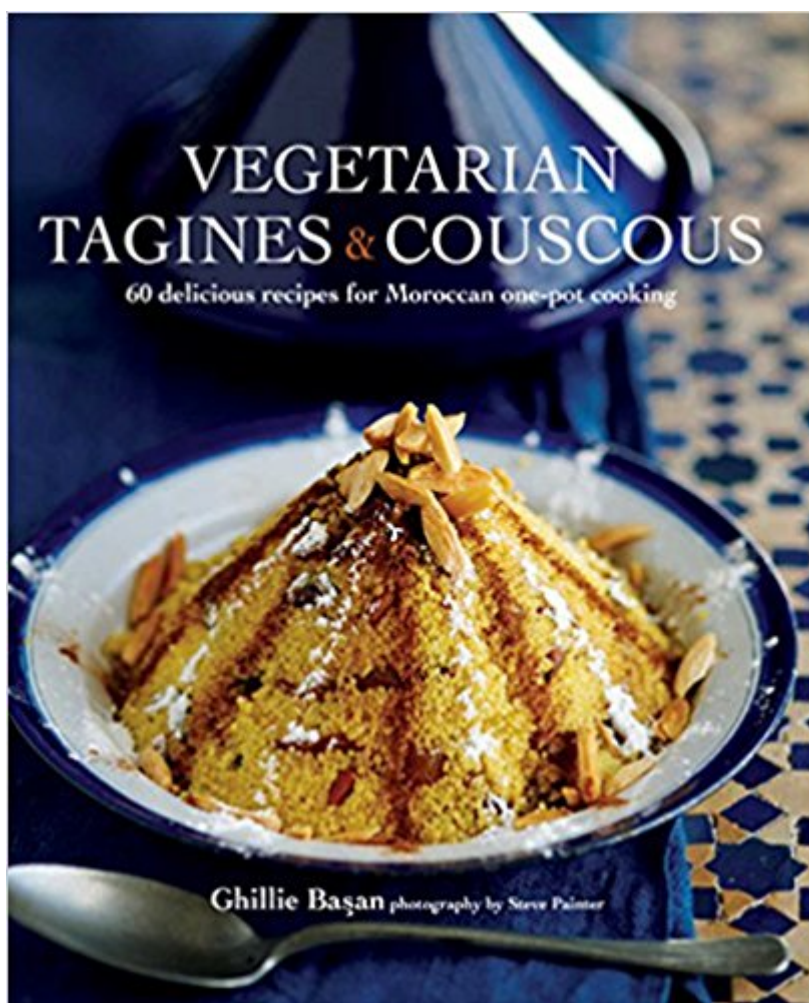




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Vegetarian Tagines & Cous Cous: 60 Delicious Recipes For Moroccan One-pot Cooking



Synopsis

Fragrantly spiced and comforting, tagines are easy to prepare and sure to satisfy at every occasion. And prepared without meat (and often without dairy, too) they are not only economical, but also one of the best ways to enjoy seasonal produce. In this collection of authentic Moroccan recipes, you will find some of the best-loved tagines, from Lighter Tagines, such as Roasted Cherry Tomato Tagine with Feta and Preserved Lemon or Roasted Pear, Fig and Walnut Tagine with Fennel, to Hearty Tagines including Roasted Sweet Potato Tagine with Ginger, Cinnamon and Honey or Spicy Carrot Tagine with Chickpeas, Turmeric and Cilantro. Along with the tagines, you will find recipes for its traditional accompaniment, couscous, prepared in a variety of exciting ways, as well as recipes for appetizers and other dishes to serve alongside. Create your own aromatic feast, worthy of any Moroccan kitchen.

Book Information

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Customer Reviews

Ghille Baïan has worked all over the world as a cookery writer, journalist and restaurant critic. She is Cordon Bleu trained and has written a number of highly acclaimed books, including the bestselling *Flavors of Morocco* and *Tagines and Couscous* for RPS. She lives in the Scottish highlands, where she runs popular cookery workshops.

Got it as a gift for a vegetarian friend who until this point had looked longingly at tagine recipe books, only to find that there were maybe 5 recipes in them that he could actually eat. It made it

difficult to go through with a purchase of the book. Now he's happy, having an entire book of possibilities.

Great cookbook for my beloved tagine. I haven't tried the couscous recipes yet, but I've made a number of the tagine recipes. Yummy and simple, with only a bit of prep required.

Me and my family used to live in Tunis, so this cookbook brought back some very nostalgic mouthgasms. The recipes are very straightforward, easy to follow, and a'plenty. If you want to eat like a North African, this will be a solid buy for your recipe-toire. WORTHHH.

I purchased a tagine and had no idea of how to use it. Being a vegetarian, this book is perfect. However, it would be very easy to add any type of meat to any of these recipes

Really delicious recipes. You don't have to have a tagine to cook these in but it makes it more fun.

Great vegetarian Tagines and for good Cous Cous. Easy to follow recipes and easy to find ingredients. Recommend

Gift for my daughter - She loves it!

Excellent, various and exotic recipes. Love this book.

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